



Essential Guide for Grad Students



UNIVERSITY OF TORONTO
SCHOOL OF GRADUATE STUDIES

2017 - 2018

The Essential Guide for Grad Students is published in partnership with the School of Graduate Studies, the Gradlife program and the Division of Student Life.

School of Graduate Studies

63 St. George Street
Toronto, Ontario
M5S 2Z9

416-978-6614

graduate.information@utoronto.ca
sgs.utoronto.ca

SGS Student Academic Services hours:
Monday to Friday, 9:30 a.m. – 4:30 p.m.

Gradlife

Student & Campus Community Development
21 Sussex Avenue
Toronto, Ontario
M5S 1J6

416-946-0148

gradlife@utoronto.ca
gradlife.utoronto.ca

facebook.com/GradlifeUofT
twitter.com/UofTGradlife

Cover photo: Chris Thomaidis

Contents

Registrarial information

section 1

- | | |
|---|--|
| 8 Important dates 2017-2018 | 18 International students: additional information |
| 14 Welcome to the School of Graduate Studies | 19 Information for all students |
| 16 First steps for new students | 20 Funding & awards |

Life on campus

section 2

- | | |
|-------------------------|--|
| 24 Gradlife | 27 Ask for help early and often |
| 24 Grad Escapes | 27 Get active |
| 25 Grad Talks | 28 Be safe on campus |
| 25 Get connected | 28 Understand consent |
| 25 Find balance | 29 Your family |
| 26 Stay well | 29 Academic support & resources |

Tri-campus directory of programs & services section 3

- | | |
|--|---|
| 32 Academic Support | 56 International Students |
| 34 Accessibility | 57 Language Support |
| 36 Arts & Culture | 58 Legal Support, Academic Advocacy & Conflict Resolution |
| 37 Career | 59 Personal Development |
| 39 Equity, Diversity & Engagement | 60 Professional Development |
| 41 Faith & Spirituality | 62 Places & Spaces |
| 42 Family | 64 Relax |
| 44 Fitness & Sports | 64 Safety |
| 47 Food | 66 Transportation |
| 48 Funding | 67 Unions & Governance |
| 49 Graduate Student Community | 68 Virtual Connections |
| 50 Health & Wellness | 70 A message from the University of Toronto Graduate Students' Union (UTGSU) |
| 53 Housing | |
| 54 Indigenous Student Services | |
| 55 International Experience | |

Welcome

Whether you are continuing a graduate program or are about to begin one, you will encounter a host of new opportunities during the 2017-18 academic year. My advice is to take them: get to know some of the 18,000+ students from all over the world who make up the U of T graduate community. Attend talks, workshops, and events that get you thinking beyond your own program. Look for ways to find balance between your academic work and your personal life, and enjoy the experience of trying something entirely different.

The *Essential Guide for Grad Students* can help you do just that. Here you'll find a tricampus directory that shows you the breadth of services and resources at U of T. At the beginning of the guide, we've also outlined what's available at our home at 63 St. George Street. Please remember that this is your home, too: when you're next on St. George campus, come relax in the new graduate student lounge, or use the bookable meeting rooms. You can reserve additional space next door at 65 St. George and at Grad Room at 66 Harbord Street.

Grad school is a terrific opportunity to build a community that will support you long after you leave U of T. With the *Essential Guide for Grad Students*, you are well-equipped to start building. I wish you luck and many rewarding experiences this academic year.

Locke Rowe

A handwritten signature in black ink, appearing to read "John Rowe". The signature is fluid and cursive, with the first name "John" and last name "Rowe" clearly distinguishable.

Vice-Provost, Graduate Research and Education and
Dean, School of Graduate Studies



Front Campus and Convocation Hall, St. George Campus

As you begin this new phase of your academic life, you'll soon discover that U of T offers a world of opportunity and a chance for you to pursue many diverse interests.

You are part of an academic community in which you will deepen your learning and be able to conduct research with internationally distinguished faculty. You are also part of a larger community that is deeply embedded in the culture of the Greater Toronto Area.

You and your colleagues will find that U of T is a place where you can follow your passions both within and beyond your classes and research, whether they are cultural pursuits, sports, international opportunities or community service.

Look through this book to discover the many services or programs that can help you make your time at U of T fulfilling, academically, professionally and personally. The staff at SGS and in Student Life are here to provide opportunities and support you throughout your academic career.

Lucy Fromowitz

Assistant Vice-President, Student Life

Registrarial information

Important dates 2017-2018

Fall session 2017

Mon, Jul 17	Registration for fall session begins
Mon, Aug 7	Civic Holiday (U of T closed)
Fri, Aug 25	Recommended tuition fee payment deadline to ensure payment is received by the registration deadline of September 15
Wed, Aug 30	Grad Step Up Orientation for all incoming international grad students. A full-day event to help bridge the transition to graduate studies at U of T. Visit studentlife.utoronto.ca/cie/orientation-step-up for details.
Sep 1 to 30	Fall Health and Dental Insurance (HDI) opt-in and opt-out period for students. For more information, visit utgsu.ca/opt-out-info , or contact the UTGSU HDI Office at: health@utgsu.ca .
Mon, Sep 4	Labour Day (U of T closed)
Tue, Sep 5	SGS Orientation for all incoming graduate students. Students choose one of three sessions. Visit sgs.utoronto.ca for details.
Mon, Sep 11	Most formal graduate courses and seminars begin this week.
Fri, Sep 15	Final date for doctoral research students to submit final doctoral theses to SGS to avoid fee charges for 2017-2018. Doctoral research students who submit by this date do not register or pay fees for the 2017-2018 sessions.
Fri, Sep 15	Registration deadline for students registering in fall (September to December) session; after this date a late registration fee will be assessed. Minimum required payment due (unpaid fees from previous session(s) + 100% of current fall tuition fee charges).

Mon, Sep 25	Final date to add full-year and fall session courses
Fri, Sep 29	Payment deadline to avoid service charges on unpaid fall session (September to December) tuition and non-tuition fee amounts for all students registered in the fall session only, except for those who have successfully registered without payment because they are receiving a full funding package via a research stipend, a major award or scholarship, teaching assistantships, tuition waiver and/or sponsorships. Monthly service charges will incur starting October 15, 2017
Fri, Sep 29	Final date to submit final doctoral thesis for fall convocation
Fri, Sep 29	Final date for receipt of degree recommendations and submission of any required thesis for master's degrees for fall convocation without fees being charged for the fall session
Mon, Oct 9	Thanksgiving Day (U of T closed)
Mon, Oct 30	Final date to drop fall session full or half courses without academic penalty
November	Fall convocation information and dates are posted at convocation.utoronto.ca
Wed, Nov 1	Deadline to claim Status in Canada fee exemption for the complete fall and winter session
Wed, Nov 29	Payment deadline to avoid service charges on unpaid winter session (January to April) tuition and non-tuition fee amounts for all students registered in the fall-winter sessions, except for those who have successfully registered without payment because they are receiving a full funding package via a research stipend, a major award or scholarship, teaching assistantships, tuition waiver and/or sponsorships. Monthly service charges will incur starting December 15, 2017.
Thu, Dec 21	University closed for winter break from Thursday, December 21 to Tuesday, January 2 inclusive (for last day of classes before winter break, please consult your graduate unit)

Winter session 2018

Jan 1 to 30	Winter Health and Dental Insurance (HDI) opt-in and opt-out period for students. For more information, visit utgsu.ca/opt-out-info , or contact the UTGSU HDI Office at: health@utgsu.ca .
Wed, Jan 3	University re-opens
Mon, Jan 8	Most formal graduate courses and seminars begin this week
Fri, Jan 12	Registration deadline for students registering or starting their program in the winter (January to April) session. After this date, a late registration fee will be assessed. Minimum Required Payment due (unpaid fees from previous session(s) + 100% of current winter session tuition fee charges).
Fri, Jan 12	Coursework must be completed and grades submitted for fall session courses
Mon, Jan 15	Final date for doctoral research students to submit doctoral theses without payment of incidental winter session fees
Wed, Jan 17	Fall session grades available for viewing by students on ACORN at acorn.utoronto.ca
Fri, Jan 19	Final date for receipt of degree recommendations and submission of any required theses for March or June graduation for master's students without fees being charged for the winter session
Fri, Jan 19	Final date for all students to request that their degrees be conferred in absentia in March
Fri, Jan 19	Final date to submit final doctoral thesis for March convocation in absentia
Fri, Jan 19	Students dually registered in the fall session must be recommended for the master's degree by this date to maintain their PhD registration

Mon, Jan 22	Final date to add winter session courses
Tue, Jan 30	Payment deadline to avoid service charges on unpaid winter session (January to April) tuition and non-tuition fee amounts for all students registered in the winter session only, except for those who have successfully registered without payment because they are receiving a full funding package via a research stipend, a major award or scholarship, teaching assistantships, tuition waiver and/or sponsorships. Monthly service charges will incur starting February 15, 2018
Thu, Feb 1	Deadline to claim Status in Canada fee exemption for the winter session only
Mon, Feb 19	Family Day (U of T closed)
Mon, Feb 26	Final date to drop full-year and winter session courses without academic penalty
March	March graduation In absentia Information is posted at convocation.utoronto.ca
Fri, Mar 30	Good Friday (U of T closed)
April	For last day of winter classes, please consult your graduate unit
Fri, Apr 20	For students obtaining degrees at June convocation, course work must be completed and grades submitted for full-year and winter session courses
Fri, Apr 20	Final date for receipt of degree recommendations and submission of any required theses for master's degrees for June convocation
Fri, Apr 20	Final date for submission of final doctoral thesis for doctoral research students whose degrees are to be conferred at the June convocation
Fri, Apr 20	Final date for degree recommendations of winter dual registrants for the master's degree to maintain their PhD registration
Mon, Apr 30	Payment deadline to avoid service charges on unpaid fall/winter session (September to April) tuition and non-tuition fee amounts for all students who have successfully registered without payment because they are receiving a full funding package via a research stipend, a major award or scholarship, teaching assistantships, and/or sponsorships

Summer session 2018

May	For first day of summer classes, please consult your graduate unit
Fri, May 4	Registration deadline for students registering in summer (May to August) session. After this date, a late registration fee will be assessed. Minimum Required Payment due (unpaid fees from previous session(s) + 50% of summer session (May to August) tuition fees).
Mon, May 7	Final date to enrol in May-June or May-August session courses
Fri, May 11	Course work must be completed and grades submitted for full-year and winter session courses (except for extended courses)
Wed, May 16	Winter session grades available for viewing by students on ACORN at acorn.utoronto.ca
Mon, May 21	Victoria Day (U of T closed)
Fri, May 25	Final date to drop May-June F section courses without academic penalty
Wed, May 30	Payment deadline to avoid service charges on unpaid summer session (May to August) tuition and non-tuition fee amounts for all students registered in the summer session, except for those who have successfully registered without payment because they are receiving a full funding package via a research stipend, a major award or scholarship, teaching assistantships, tuition waiver and/or sponsorships. Monthly service charges will incur starting June 15, 2018
June	June convocation information and dates are posted at: convocation.utoronto.ca
Mon, Jun 18	Final date to drop May-August session Y section courses without academic penalty
Fri, Jun 29	Deadline to claim Status in Canada fee exemption for the summer session
Mon, Jul 2	Canada Day (U of T closed)
Mon, Jul 3	Final date to enrol in July-August courses

Fri, Jul 13	Coursework must be completed and grades submitted for May/June F section courses
Mon, Jul 16	Final date to drop July-August S section courses without academic penalty
Wed, Jul 18	Grades for May/June F section courses available for viewing by students ACORN at acorn.utoronto.ca
Mon, Aug 6	Civic Holiday (U of T closed)



St. George Street looking Northeast from Sidney Smith Hall

Welcome to the School of Graduate Studies

63 St. George Street

Office hours: Monday-Friday, 9:30 a.m. – 4:30 p.m.

sgs.utoronto.ca

Located in the newly renovated Macdonald-Mowat building — once the residence of Canada's first Prime Minister, Sir John A. Macdonald — the School of Graduate Studies at 63 St. George Street is home to various resources and services, including:

- **Student Academic Services Office, Room 101:** Need an official letter, or information about academic records, registration, or enrolment? Looking for assistance with program management or progress? Visit us in person, or contact us by phone or email (416-978-6614; graduate.information@utoronto.ca).
- **The Graduate Awards Office, Room 201:** Whether you're applying for a scholarship, or seeking emergency financial support, bring your questions to us. Our Financial Advisor can also help you with managing educational expenses, budgeting, and planning. Visit us in person, or contact us by phone or email (416-946-0808; graduate.awards@utoronto.ca).
- **Doctoral Exams, Master's Thesis Submission, and Graduation Office, Room 110:** Our staff are here to help you coordinate the details of your doctoral final examination and clarify your questions about the electronic submission of your thesis. We can also answer your graduation questions and provide letters indicating the completion of your degree requirements.
- **Recruitment and Admissions Office and International Student Support:** A resource to resolve admissions issues affecting grad students, we also assist students and grad units alike with joint educational placements. Twice weekly, we host CIE's International Transition Advisor at 63 St. George Street. Check our advisor's drop-in office hours at uoft.me/transitionadvisor.

- **Wellness Counselling for Grad Students:** If you're interested in counselling, call the Health & Wellness Centre (416-978-8030), and they will set up an assessment for you. You may be recommended to an SGS Wellness Counsellor at 63 St. George Street. Free wellness workshops for grad students are also available twice monthly next door at 65 St. George Street: uoft.me/stayingwell.
- **Grad Student Lounge, first floor:** Drop by and enjoy a quiet place to read, relax, or get some work done while you're on St. George campus.
- **Meeting rooms:** Bookable space is available for grad-related activities, including writing groups and more. Additional space can be booked at 65 George Street and the SGS Grad Room at 66 Harbord Street. Check availability at uoft.me/sgsrooms.



School of Graduate Studies, 63 St. George Street

First steps for new students

JOINid, TCard, UTORid and UTMail+

The University of Toronto issues a JOINid to applicants, so that they can access key online services before coming to campus. You should have received an email with your JOINid and instructions for enabling it at uoft.me/enable. If you've lost the email or didn't receive it, please contact admissions.sgs@utoronto.ca.

Before arrival, you can use your JOINid and existing email address for residence applications and to access your student account on ACORN (acorn.utoronto.ca).

Once you pick up your TCard (your U of T student card), your JOINid will become your UTORid, giving you access to further services: ACORN, wireless networks, online library resources, Career Exploration & Education and more. After you activate your UTORid, you'll be able to set up your U of T email account, where you'll receive all official email communications from the University.

Proof of citizenship and your offer of admission letter are required in order to receive a TCard. For detailed information about the documentation required to get your TCard, visit tcard.utoronto.ca.

You can get your TCard at the following locations:

St. George campus:

TCard Services, Koffler
Student Services
Building, 214 College
Street, Room 102

Mississauga campus:

CCT Atrium, lower
level, Room CC 0160A

Scarborough campus:

1265 Military Trail
Bladen Wing, 4th floor
Sep to Apr:
Room BV498A
May to Aug:
Room BV481

Lost or stolen TCard?

To replace your TCard, visit the nearest TCard office with your student number or UTORid, one piece of valid government-issued photo ID and the \$20 replacement fee (debit or credit only). For full details, visit tcard.utoronto.ca/lost-replacement-tcard.

ACORN

ACORN stands for Accessible Campus Online Resource Network (acorn.utoronto.ca) and is the student web interface where you can enrol in courses, check fees and finances, and perform registration tasks such as updating address and contact information. It provides a convenient, personalized and guided experience for using U of T's online services.

As a new graduate student, you need to get your TCard (U of T student card) and activate your UTmail+ (U of T email address) to set up your ACORN account. You can then login to ACORN using your UTORid and password.

Clearing conditions

Your SGS offer of admission letter outlines important information about your program. It may also include conditions which must be satisfied before you can register. If you're unsure about how to clear your conditions, contact your graduate unit.



Student Centre at University of Toronto Mississauga

International students: additional information

If you're an international student and have just arrived on campus, make sure your first stop is at the U of T Centre for International Experience (CIE, cie.utoronto.ca) at 33 St. George Street. Staff and student volunteers at the CIE can help you find temporary and permanent housing, introduce you to fellow students, get you oriented and more. The CIE also offers a number of orientation activities that run from mid-August to mid-September. These include information seminars, workshops, field trips and cultural events.

Status in Canada fee exemption

If you're an international student and your legal status in Canada changes, you may be eligible for a Status in Canada exemption. Please bring your original documents to SGS Student Academic Services so staff can make the change. If you have questions regarding the kinds of documentation to present, please contact SGS Student Academic Services at graduate.information@utoronto.ca or 416-978-6614.

Changes to legal status must be made by the following deadlines:

November 1 for reassessment of the complete fall and winter session

February 1 for reassessment of the winter session only

June 29 for reassessment of the complete summer session
(only applies to students charged tuition fees
for the summer session)

If you're unable to provide the required documentation by these deadlines, you must pay the international tuition rate. A change of status is not retroactive to any previous session.



Information for all students

What's the difference between enrolment and registration? To enrol, you add yourself to courses. To register, you pay your tuition and incidental fees, or make an arrangement to register without payment (fee deferral).

Enrolment

Most graduate units allow you to enrol in courses through ACORN (acorn.utoronto.ca), but some graduate units require you to fill out a form. Consult your home graduate unit for detailed instructions and the SGS sessional dates for course enrolment deadlines: uoft.me/sessional-dates

Registration

To register on time, pay your tuition and incidental fees or make an arrangement to register without payment (fee deferral) by September 15 (if you're starting in September) or January 12 (if you're starting in January). Detailed instructions on how to pay tuition fees (including making a fee payment from outside of Canada) are found on the Office of Student Accounts website (www.fees.utoronto.ca). To find out how much you owe, check your invoice on ACORN. For information about service charges, visit: uoft.me/graduate-fees

You may request to register without payment (fee deferral) through ACORN if you have no outstanding fees from a previous session and are the recipient of one of the following which exceeds the minimum payment to register amount on your invoice:

- Ontario Student Assistance Plan (OSAP) loan
- Other provincial government loan
- US government loan
- University funding package
(major award, research stipend or teaching stipend)

Late registration

If you're registering late, you'll need to contact Student Academic Services at graduate.information@utoronto.ca to coordinate payment of the \$44 late fee and complete your registration.

If you don't register by the deadline, your enrolment in courses will be cancelled and further enrolment will be blocked. After September 15 (fall/winter sessions) or January 12 (winter session) you must provide proof of payment and register at the SGS Student Academic Services office.

Balance of degree (BoD) fee

All graduate students, both full-time and part-time, must pay a minimum degree fee upon completion of their program. For master's students, this fee is based on the full-time program length for each graduate master's program. If, at the end of your program, the total amount of academic fees you paid during the time you were registered is less than this minimum degree fee, you will be required to pay the outstanding balance, known as the Balance of Degree fee. Note that there is no maximum degree fee. Acquaint yourself with your program's BoD fee as early as possible to avoid any surprises upon graduation, and ask the Student Academic Services office at SGS for more information.

Funding & awards

U of T is committed to the financial support of full-time graduate students in doctoral research-stream programs, with the exception of flex-time and professional doctoral programs. Doctoral-stream graduate programs at the University of Toronto offer a range of financial supports to offset the cost of your graduate education. For students receiving funding, the amount and type of support varies among graduate programs.

Base funding is your graduate unit's funding commitment. Faculties and graduate programs determine your base funding amount and the number of years of eligibility, so base funding amounts vary across programs. (For example, in the Faculty of Arts and Science, the 2016/17 base funding of different programs ranged from \$16,500 to \$22,500 per year for eligible students.) The composition of base funding — for example, employment income as teaching or research assistants, research stipends and fellowships — also varies among graduate units. In addition to base funding, all eligible students receive the cost of

academic tuition and fees. Most graduate units will send you a detailed breakdown of your funding package at the beginning of each academic year. Check with your graduate unit for full details and consult: uoft.me/gradfunding.

Students in professional master's, flex-time and professional doctoral programs typically self-fund their educational expenses through a variety of programs including student loans, student lines of credit and employment income. You may also be eligible for a limited number of graduate awards available through your graduate unit and various external agencies.

Remember to plan ahead! Acquaint yourself with the awards competition cycle and plan in advance if you want to apply for an award. Planning ahead is also important in order to:

- **take advantage of information sessions**
- **start thinking about reference letters**
- **figure out how to access online application systems**



Christopher

PhD, Mechanical and Industrial Engineering

The Graduate Awards Office provided me with information about potential funding opportunities and assisted me during and after the application process. They were a helpful liaison to the many awards committees associated with U of T and they even checked in with me personally along the way, which made me feel informed and comfortable with my choices.

section 2

Life on campus

Gradlife

21 Sussex Avenue

416-946-0148

gradlife.utoronto.ca

Whether you're just starting a graduate program or are in the midst of one, grad school can seem like an individual challenge. You'll find a strong sense of community if you get involved in campus life.

Gradlife provides programs exclusively for grad students to help you build skills, get support, find balance, meet other grad students and navigate life at U of T. We can connect you to workshops, social events, campus services and helpful resources that will enrich your experience and enhance your academic achievements. Take advantage of the many opportunities and services offered, and ask for help when you need it – you'll be glad you did!

Grad Escapes **uoft.me/gradescapes**

Sometimes you just need a break. That's why the Graduate Students' Union and Student Life created Grad Escapes – a program that offers social, cultural and recreational opportunities to relieve graduate student stress. From art classes to recreational sports, musical theatre to historic tours, there's something for everyone. So, forget your thesis for a night, try a new experience, and meet fellow students. Bring a partner, a friend or come alone! Student families are welcome.



Lauren

MI, Culture & Technology and Critical Information Policy Studies

I sit on the Gradlife Student Advisory Committee and frequently attend Gradlife events. Engaging with other students through wellness and professional skills programs helps relieve the stress of graduate studies. I've especially benefitted from Grad Talks sessions, in which students discuss strategies for coping with specific challenges such as Impostor Syndrome and financial planning. Some of my favourite memories are participating in the Grad Escapes Second City Improv Class and hosting the Grad Escapes Loblaws Cooking Night.



Students at the Grad Room, St. George Campus

Grad Talks

uoft.me/gradtalks

Gradlife and the Grad Room partner to offer learning sessions to help grad students build skills and gain balance. All sessions are held at the Grad Room at 66 Harbord Street and cover topics like communication, personal development, academic support, careers and more.

Get connected

Connect with Gradlife on social media to get daily updates about tri-campus events, resources and useful information.

Facebook: [UofTGradlife](#)

Twitter: [@UofTGradlife](#)

Blog: blogs.studentlife.utoronto.ca/gradlife

See page 49 of the directory for more ways to build your community.

Find balance

Having a successful grad experience means finding a way to balance your studies, health and personal life. If you need a break from your studies, head to a grad lounge, check out the events your grad association is hosting, or look into joining a club. You'll get a chance to lower your stress levels as you meet new people and grow your network of peers.

See page 50 of the directory for more information.

Stay well

Your health and well-being are the foundation of your academic and personal success. The team at the Health & Wellness Centre offers a wide range of services – including confidential student-focused health care, nutrition counselling, immunization and more – to support you in being your best. The School of Graduate Studies offers grad wellness counselling at 63 St. George Street.

See page 51 of the directory for more information.



Laurie

PhD, History

I've taken part in a number of workshops offered by the School of Graduate Studies and Health & Wellness on improving mental health and reducing anxiety. These workshops have helped me define and implement strategies that alleviate day-to-day stress, like following a regular routine and pursuing other interests. Taking time to recharge allows me to pace myself during a long project, improving the quality of my work and my overall well-being.



Koffler Student Services Centre, St. George Campus

Ask for help early and often

Some days will be better than others, so remember there's no wrong time to reach out! There are resources for every situation and every level of stress. Through the Conflict Resolution Centre for Graduate Students, Graduate Counselling Services and Grad Minds, you can find resources that are tailored to you and get advice from fellow grad students who have been where you are now. Don't wait until things have reached a boiling point. Start the conversation now.

See page 50 of the directory for more information.

Get active

No matter how you like to move – from hiking to biking, playing sports, and everything in between – staying active is a wonderful way to lower your stress levels and meet new people. Physical activity helps you focus, too. So take a break from your studies and check out U of T's athletic facilities, join an intramural team or simply take a walk and breathe deeply. You'll be glad you did!

See page 44 of the directory for more information.



Toronto PanAm Sports Centre, University of Toronto Scarborough

Be safe on campus

Protect yourself and your community — get informed about campus safety. The WalkSafe program, self-defence workshops and counselling are just some of the services offered by The Campus Police and Community Safety Office. Learn more at www.safety.utoronto.ca.

See 64 / 65 of the directory for more information.

Understand consent

Consent is the informed agreement to take part in intimate activity and it's necessary every single time. Learn more about your rights and responsibilities at consent.utoronto.ca.

Career prep

Getting ready for a career you love starts now! U of T offers a wide variety of career exploration and education programming for graduate students interested in working within or outside academia. Prepare for your future through courses and workshops offered by the School of Graduate Studies' Graduate Professional Skills (GPS) program, hone your interview skills and plan your job search through career services on all three campuses and beyond.

See page 37 of the directory for more information.

Your family

If you have family obligations to consider while you study, check out U of T's wealth of family support resources. From on-campus daycare and family housing to confidential guidance and child and youth athletic programs, you can find the resources you need to care for your family while reaching your academic goals.

See page 42 of the directory for more information.

Academic support & resources

You'll find lots of specialized support for graduate students at U of T, including free courses on topics such as grant writing, giving presentations, and thesis writing at the Graduate Centre for Academic Communication (GCAC), formerly the Office of English Language and Writing Support (ELWS), dissertation writing groups offered by the Academic Success Centre, and online resources like the SGS **Graduate Supervision Guidelines for Students** (uoft.me/graduatesupervision) and **Best TTC Practices for Doctoral Students** (uoft.me/gradTTC).

See page 32 of the directory for more information.



Swapna

MD/PhD, Institute of Medical Science

I'm a peer facilitator for an Interdepartmental Graduate Writing Group at the Grad Room. I've learned as much from my group's participants as I've shared with them — the supportive environment fosters discussions during and beyond our weekly sessions about writing challenges and strategies, integrating supervisor feedback, and grad school in general.

section 3

Tri-campus directory of programs & services

Academic Support

Academic Success

214 College Street
(Student Success Centre)

416-978-7970

asc.utoronto.ca

Provides a range of supports to help you reach your academic potential. Meet one-on-one with a learning strategist, access online resources, try a drop-in session or workshop. Popular workshops for grad students include Effective Writing, Avoiding Procrastination & Time Management, Exam Preparation & Anxiety and Reading, Note-Taking & Studying. The Graduate Writing Group at Academic Success provides support from a group of peers who share your experience and can help keep you accountable.



Jennifer

PhD, Pharmaceutical Sciences

Every graduate student I've spoken to has gone through a difficult period in his or her academic career for any number of reasons. If you ask for help, seemingly overwhelming obstacles or anxieties that interfere with writing or exams can be overcome relatively easily and painlessly. The University of Toronto has a lot of services and people who are available to help when times are tough. I have been meeting semi-regularly with a learning strategist to help with goal-setting. The one-on-one meetings have helped me declutter my calendar, make realistic goals and get back on track.

Graduate Centre for Academic Communication (GCAC)

704 Spadina Avenue, 2nd Floor
416-946-7485

uoft.me/GCAC

Formerly known as English Language & Writing Support (ELWS), the GCAC provides graduate students with free, advanced training in academic writing and speaking on topics such as writing literature reviews, grant writing, preparing to publish, and oral presentation skills. A program of the School of Graduate Studies (SGS).



Libraries

library.utoronto.ca

Access extensive resources and support, including workshops, computers, printing and Wi-Fi, study space, and research guides featuring advice, tools and the best resources for your needs curated by expert librarians. The U of T library system comprises 44 libraries, with a collection including 12 million volumes in 341 languages and has been ranked as one of the top three in North America (after Harvard and Yale).

Office of Research and Innovation

research.utoronto.ca

Find and apply for research funding, understand research ethics, explore entrepreneurship, learn how to commercialize inventions and more.

Alaa

MSc, Institute of Medical Science

I've benefitted a lot from the writing workshops and courses offered by the Graduate Centre for Academic Communication (GCAC). Regardless of your academic specialty, scholarly writing requires strong language and authorship skills. A personal writing consultation helped me revise my writing proposal. Thanks to GCAC, I've improved in style and clarity.

School of Graduate Studies (SGS)

63 St. George Street
416-978-6614

sgs.utoronto.ca

Your main resource for academic information, including registration and enrolment, managing your program, policies and guidelines, finances, professional development and much more.

UTM - Robert Gillespie Academic Skills Centre

1675 Outer Circle, Room 390K
(Hazel McCallion Academic Learning Centre)
905-828-3858

utm.utoronto.ca/asc

Workshops and one-on-one support for grad students, English language classes, resources and specialized training for teaching assistants, and much more.

UTSC - Academic Advising & Career Centre

1265 Military Trail, Room AC213
(Academic Resource Centre)
416-287-7561

utsc.utoronto.ca/aacc

Make an appointment or join a workshop to get academic advice and build your study skills. Find opportunities through the UTSC Research Catalogue.

UTSC - Centre for Teaching & Learning

1265 Military Trail

uoft.me/utscctl

Services for grad students include GPS workshops, graduate writing support, TATP workshops, TA training sessions and more.

Accessibility

Accessibility Services

455 Spadina Avenue, 4th Floor,
Suite 400

(Just north of College Street)

416-978-8060

accessibility.utoronto.ca

Provides students with a network of resources to succeed both inside and outside the classroom, including academic accommodations. If you have a documented disability, ongoing or temporary, register early with Accessibility Services. Even if you never need any accommodations, you can relax knowing you can access them if necessary. Accommodations may include note-taking services, on-campus transportation or alternative format textbooks.



Alex

MSc, Cell and Systems Biology (UTM)

After I was diagnosed with a learning disability, Accessibility Services provided the technology and support I needed by connecting me with a counsellor who helped me feel comfortable in an academic setting. This resource enhanced my experience as a graduate student, eventually allowing me to help others with non-traditional learning styles by making instructional lab videos for undergraduate biology and chemistry courses.

Library Accessibility

416-978-1957

uoft.me/accessservices

U of T Libraries offer a variety of services to students registered with Accessibility Services, including required readings in alternative formats, the Accessible Content E-Portal and assistance navigating buildings.

UTM - AccessABILITY Resource Centre

1867 Inner Circle, Room 2037

(William G. Davis Building)

905-569-4699

utm.utoronto.ca/accessability

Resources, services, advice and academic accommodations for students who have a documented learning, physical, sensory or mental health disability, or medical condition.

UTSC - AccessAbility Services

1265 Military Trail, Room S302

(Science Building)

416-287-7560

utsc.utoronto.ca/ability

Services and academic accommodations for students who have a documented learning, physical, sensory or mental health disability, or medical condition.

Arts & Culture

Art Museum at the University of Toronto

artmuseum.utoronto.ca

Together, the Justina M. Barnicke Gallery at Hart House and the University of Toronto Art Centre at University College form the Art Museum. This interdisciplinary arts hub offers encounters with diverse artistic and cultural perspectives, and is one of the largest gallery spaces for visual art exhibitions and programming in Toronto.

ArtsZone

www.arts.utoronto.ca

Your one-stop connection to the huge variety of cultural events happening around campus – film, music, theatre, galleries and more.

Centre for Drama, Theatre & Performance Studies

dramacentre.utoronto.ca

Hosts performances and events across campus by undergraduate and graduate drama students throughout the year.

Faculty of Music

80 Queen's Park

416-978-3750

music.utoronto.ca

Paid concert events by celebrated musicians run from September to April each year. Recitals by U of T Music students are free.

Hart House

7 Hart House Circle

416-978-2452

harthouse.ca

A place to explore cultural, intellectual and recreational activities, offering a wide array of events, lectures, live music and performances, as well as classes for every interest – from filmmaking and acting to archery and dance.

Poet in Community

poet.utoronto.ca

Through workshops, conversations and one-on-one meetings, the Poet in Community program uses writing to address the interests, passions and needs of students.

U of T Events

events.utoronto.ca

There are interesting events happening on campus all the time. Get out and explore!

U of T Tix

uofttix.ca

U of T's central box office for ticketed events – everything from theatre productions and sport championship games to craft beer festivals and more.

Career

Career Exploration & Education

214 College Street
(Student Success Centre)
416-978-8000

careers.utoronto.ca

Explore your career options through one-on-one career advising, online resources for the academic work search, workshops, networking opportunities and more. Key services for grad students include the GDS and CLN.

Graduate Dossier Service (GDS)

studentlife.utoronto.ca/cc/dossier

A service for U of T doctoral students conducting their academic job search, GDS acts as a depository of confidential letters of reference and can also include transcripts. GDS forwards these documents (upon request) to institutions that are hiring.

Career Learning Network (CLN)

cln.utoronto.ca

An online tool to help connect you with internal and external partners interested in your career success. Join the CLN to view and register for workshops and events; participate in recruitment activities, career exploration and experiential learning programs; access the informational interview database and more.

Graduate Professional Skills Program (GPS)

uoft.me/gps

Prepare for your future with GPS! Build critical career skills beyond what you gain in your academic work. Take seminars, workshops, and non-credit courses to learn about effective communication, planning and time management, entrepreneurship, ethical practices, teamwork and leadership. Successful completion will be recognized by a transcript notation. A program of the School of Graduate Studies (SGS).

UTM - Career Centre

1867 Inner Circle, Room 3094
(William G. Davis Building)
905-828-5451

utm.utoronto.ca/careers

In-person and online resources to give you an edge in developing and managing your career. Find your focus, work with a career counsellor, and explore careers inside and outside academia.

UTSC - Academic Advising & Career Centre

1265 Military Trail, Room AC213
(Academic Resource Centre)
416-287-7561

utsc.utoronto.ca/aacc

Try the assessment tools to find your ideal career path or register for the Jobs for Grads program to access full-time work listings, workshops and campus events with employers.



Alex

MSc, Cell and Systems Biology (UTM)

The Career Centre at UTM holds workshops that teach research-based graduate students like me how to find jobs and market their skills to future employers, improve their resumé, and handle interviews. These workshops helped me identify the skills I've learned while working in the lab and taught me how to make those skills stand out on my resumé.

Equity, Diversity & Engagement

Anti-Racism and Cultural Diversity Office (ARCDO)

www.antiracism.utoronto.ca

Provides training and education, policy expertise, events and programs, dialogue facilitation, and other services in support of equity, diversity and inclusivity at the University.

Centre for Women and Trans People

563 Spadina Avenue, Room 100
(North Borden Building)
416-978-8201

womenscentre.sa.utoronto.ca

This safe drop-in space for all women and trans people on campus provides free support, referrals, resources and advocacy through workshops, events, services and programming.



Sasha

PhD, Cell & Systems Biology (UTM)

Last year, a fellow graduate student and I organized the first Women in Academia luncheon at UTM. The luncheon united female faculty members from various disciplines to share their stories and advice with female graduate students in an effort to overcome gender inequality in academia. Due to the popularity of the event, it's now going to be part of a regular series! Students' positive feedback helped me realize that I can effectively encourage my peers to reach their goals.

Sexual and Gender Diversity Office (SGDO)

21 Sussex Avenue, Suite 416-417
416-946-5624

sgdo.utoronto.ca

The SGDO offers a wide variety of programs and supports for students, including the annual Lead with Pride conference, Queer Orientation and the LGBTQ International Student Group. Join the LGBTQ-Grads listserv to be in touch with other graduate students and keep informed of events, programs and more. The UTGSU Queer Caucus, a political and social caucus, holds events throughout the year.

UTGSU Committees and Caucuses

Civics Committee

civics@utgsu.ca
utgsu.ca/civics

This committee coordinates efforts to deal with issues of civic engagement in all its forms. It engages in campaigns to increase member, campus and community involvement in democratic governance within wider society.

Environmental Justice and Sustainability Committee (EJSC)

civics@utgsu.ca
utgsu.ca/ejsc

The EJSC tackles issues of environmental justice and promotes sustainable policies and practices undertaken by the UTGSU.

Equity and Advocacy Committee (EAC)

external@utgsu.ca
utgsu.ca/eac

The EAC discusses issues of social justice with graduate students and engages in campaigns to combat all forms of discrimination and social inequity that intersect with U of T and the wider community.

Professional Graduate Students' Caucus (PGSC)

pgsc@utgsu.ca
utgsu.ca/pgsc

The PGSC is the newest caucus composed of graduate students in professional programs to discuss their unique needs. The PGSC keeps students updated on information and events, hosts mixers and advocates on behalf of professional graduate students to various U of T bodies.

Queer Caucus (QC)

queer@utgsu.ca
utgsu.ca/queer

The QC is a political and social caucus for graduate students who identify as lesbian, gay, bisexual, trans*, and queer (LGBTQQIP2SAA). This body has the goal of naming and fighting oppression, including homophobia, heteronormativity, transphobia, gender normativity and more, within and beyond the UTGSU and the University of Toronto.

Race & Ethnicity Caucus (REC)

rec@utgsu.ca
utgsu.ca/rec

The REC is committed to social justice, community building and healing for self-identified racialized and/or graduate students of colour at the intersections of gender, ability, age, class, religion and sexuality. Activities include meetings, social events, reading groups, community outreach, panels and more.

Women and Trans People Caucus (WTPC)

wtpc@utgsu.ca
utgsu.ca/wtpc

The WTPC is a space for self-identified women and trans* people on campus to discuss and take action on issues of sexism, gender-normativity, racism, ageism, transphobia, homophobia and ableism. It works with other campus organizations to develop workshops, events and programming.

UTM - Equity and Diversity Office

1867 Inner Circle, Room 3205B
(William G. Davis Building)
905-569-4916
utm.utoronto.ca/equity-diversity

UTSC - Equity and Diversity Office

1265 Military Trail, Room BV536
(Bladen Wing)
416-208-2241
utsc.utoronto.ca/edo

Faith & Spirituality

Campus Chaplains Association

uoft.me/campuschaplains

Connect with spiritual advisors of many faiths and denominations.

Multi-Faith Centre for Spiritual Study and Practice

569 Spadina Avenue
(Koffler House)
416-946-3120

multifaith.utoronto.ca

The Multi-Faith Centre supports the spiritual well-being of students, staff and faculty through interfaith dialogue and other activities that help to increase our understanding of and respect for religious beliefs and practices.

Multi-Faith Spaces Around Campus

uoft.me/multifaithspaces

Looking for a place on campus to practise your faith? The St. George campus offers several multi-purpose spaces suitable for prayer, meditation and other spiritual practices.

Religious Accommodations

uoft.me/religiousaccommodation

Accommodations may be available for students who celebrate religious holidays other than those formally recognized by the University through regular scheduling or statutory holidays.

UTM - Multi-Faith Spaces

uoft.me/multifaithspaceUTM

Student organizations recognized through Ulife can book space at UTM for prayer and other religious purposes.

UTSC - Scarborough Campus Students Union (SCSU) Multi-Faith Prayer Room

scsu.ca/services/student-services/multifaith-prayer-room

The SCSU holds two multi-faith prayer rooms that are reserved for religious purposes. Please check the website for booking information.

UTSC - Multi-Faith Engagement

utsc.utoronto.ca/studentlife/multi-faith-engagement

Meet with a UTSC campus chaplain, or take part in events and workshops throughout the year. Accommodations may be available for religious observances.

Family

Child & Youth Athletic Programs

uoft.me/kidsprograms

Recreational athletic programs for kids, including Camp U of T and Junior Blues, offered by U of T's Faculty of Kinesiology and Physical Education.

Family Care Office

214 College Street
(Koffler Student Services Building)
416-978-0951

www.familycare.utoronto.ca

Find on- and off-campus child care services, and access confidential guidance, resources, referrals, educational programming and advocacy on family-related issues.

Family Resource Centre at the University of Toronto Early Learning Centre

7 Glen Morris Street

elc.utoronto.ca

A child and parent drop-in centre on the St. George campus for children up to five years of age. No registration required.

Guide for Graduate Students with Family Responsibilities

uoft.me/gradfamilyguide

Download this list of resources and contacts to help you manage family responsibilities.



Natasha

PhD, Social Work/Junior Fellow at the Centre for Criminology and Sociological Studies

The Family Care Office has provided invaluable peer support as I juggle full-time graduate studies with my role as a full-time caregiver to my two young children. The staff members are extremely knowledgeable about practical resources, ranging from how to speak with faculty about accommodations, to where I can find affordable childcare. Connecting with other student-parents helped me realize that the challenges I face are normal. I share strategies that have helped me, like asking for help by calling for folks to collaborate on projects and setting firm boundaries between school, work, and my personal life.

Hart House Family Sundays

7 Hart House Circle
416-978-2452

harthouse.ca/family-Sundays

Bring your family to Hart House one Sunday a month for fun, interactive and educational family events that explore cultural diversity through storytelling, music, food, arts and crafts.

SGS Leave of Absence Policy for Parental Leave

uoft.me/1Wg

New parents may apply to their graduate coordinator for a one-session to three-session leave of absence at the time of pregnancy, birth or adoption to provide full-time care during a child's first year. Please see the website for details.

Student Family Housing

30 & 35 Charles Street West

studentfamilyhousing.utoronto.ca

A family-oriented residence reserved for U of T students with partners and/or children, located near Yonge and Bloor.

UTM - Childcare Resources

utm.utoronto.ca/childcare

A variety of child care information and support is available to UTM students, staff and faculty who are parents, foster parents or legal guardians of children.

UTM - Early Learning Centre

1900 Outer Circle
(Leacock Lane Residence)
905-569-4422
elc.utoronto.ca

Full- and part-time care available, with priority given to UTM students, staff and faculty. U of T Early Learning Centre fees apply. Sign up for the waiting list by downloading and filling out the application form – see website for details.

UTM - Student Housing & Residence Life

3375 Residence Road, Suite 120
(Oscar Peterson Hall)
905-828-5286
uoft.me/utmhousing

Family housing at UTM features three- or four-bedroom townhouses with access to Wi-Fi, laundry facilities and close proximity to all the facilities and services on campus. Check online for application processes and important dates.

UTSC - N'sheemaehn Child Care Centre

1255 Military Trail
416-287-7624
childcare.utsc.utoronto.ca

A warm and positive environment that provides programs for children from infants and toddlers to preschool and kindergarten.

Fitness & Sports

Athletic Centre

55 Harbord Street
416-978-3436
kpe.utoronto.ca/facility/athletic-centre

With seven gyms, three pools (including the only Olympic-sized pool in downtown Toronto), a strength and conditioning centre, indoor track, dance studio, cardio machines, tennis and squash courts and steam rooms, there's something for everybody!

Back Campus Fields

East of St. George/
South of Hoskin/
West of Tower Road/
North of University College

Outdoor synthetic turf fields, perfect for recreational field hockey, soccer, Ultimate, lacrosse and other field sports (during non-programmed activity times).

Drop-in & Registered Programs

kpe.utoronto.ca/sports-and-rec

Registered fitness programs in aquatics, fitness, certifications, sport, martial arts, personal training and nutrition consultation are available for a small additional fee and help you build skills progressively each week. Drop-in fitness programs, weight training tutorials, diving and skating are free of charge. Check online for the drop-in activities you are interested in.

Goldring Centre for High Performance Sport

100 Devonshire Place
416-946-0400

kpe.utoronto.ca/facility/goldring-centre-high-performance-sport

New, beautifully designed sport and exercise facility housing a 2,000-seat, internationally-rated field house for basketball, volleyball and other court sports, a state-of-the-art strength and conditioning centre, fitness studio, and more. Open to all students, not only high-performance athletes!

Hart House

7 Hart House Circle
416-978-2452

harthouse.ca/fitness

Open 365 days a year, the Hart House Fitness Centre features an art deco pool, squash courts, multi-level fitness facilities, suspended indoor track and a variety of spaces for everything from basketball to archery. Membership is automatic during semesters when you are registered and have paid Hart House incidental fees; summer memberships may be purchased for an additional fee. Check your eligibility for the SGS Summer Gym Bursary:

uoft.me/sqsgym.

Intramural Team Sports

uoftintramurals.ca

Co-funded by the School of Graduate Studies and the University of Toronto Graduate Students' Union, SGS Intramurals offer different levels of competition in many sports through leagues, tournaments and special events. Participate in a faculty or college team, or form/join open teams. Check online for available sports, detailed registration procedures and deadlines.

U of T Sports & Recreation

kpe.utoronto.ca/sports-and-rec

These sport and recreation programs are open to all U of T students. From drop-in tennis to boot camp and basketball, there is something for everyone. Membership is covered by incidental fees during the terms in which you are registered and taking courses. Students who are not registered through the summer may purchase a summer membership to use the Athletic Centre, Varsity Centre, and Goldring Centre for High Performance Sport. Check your eligibility for the SGS Summer Gym Bursary: uoft.me/sqsgym.

University of Toronto Graduate Students' Union (UTGSU) Gym

16 Bancroft Avenue
416-978-8464

utgsu.ca/gym

The UTGSU Gym is reserved for graduate student use. Students can sign up in September for a non-competitive drop-in volleyball or basketball league, offered in the evenings once a week, as well as singles badminton or quiet activities during the day and doubles badminton in the evenings.

UTM - Recreation, Athletic and Wellness Centre (RAWC)

1825 Outer Circle
905-828-3714

utm.utoronto.ca/athletics

Sport and fitness activities at UTM are based in the Recreation, Athletic and Wellness Centre (RAWC) in the Williams G. Davis Building.

UTSC - Toronto Pan Am Sports Centre (TPASC)

875 Morningside Avenue
416-283-3211

uoft.me/utscathletics

Athletics and recreation at UTSC are based in the new TPASC facility. Programs include drop-in and registered fitness classes for all skill levels, aquatics, a climbing wall, outdoor recreation and a tennis club.



Christopher

**PhD, Mechanical and
Industrial Engineering**

I took part in the University of Toronto Graduate Students' Union (UTGSU) Volleyball League at the UTGSU Gym. It was a great experience and a fantastic way to meet students from different departments.

Varsity Blues

varsityblues.ca

U of T boasts a highly competitive intercollegiate athletics program, with 43 Varsity Blues teams across 25 sports. Varsity Blues games are free to all students with your TCard. Check the website for schedules and more. We all #BLEEDBLUE! If you're an athlete interested in trying out, see the "Recruits" section of the website for details.

Varsity Centre

299 Bloor Street West
416-978-6428

kpe.utoronto.ca/facility/varsity-centre

Includes a 5,000-seat stadium, 400m eight-lane track, artificial turf field, and 4,000-seat arena. Home to international, intercollegiate and intramural competitions throughout the year, Varsity Centre also hosts recreational and instructional classes, children's programs and high-performance athlete training. During the winter months, try drop-in golf and other recreational activities under the dome.

Food

Food Services

229 College Street, 2nd Floor
ueat.utoronto.ca

There are more than 40 places to eat on campus. Food Services can help with everything food-related at U of T, including meal plans, special events, recipes and tips and more.

Hart House 5-Buck Lunch

harthouse.ca/5-buck-lunch

Selected Wednesdays from September to March, drop by Hart House for a fun and affordable five-dollar lunch. See website for dates.

Harvest Noon

16 Bancroft Avenue
(UTGSU Building)
harvestnoon.com

Housed in the Graduate Student Union building, this autonomous, largely volunteer-run café offers affordable, locally-sourced, fair trade, organic vegan and vegetarian food.

U of T Food Map

map.utoronto.ca

To find all of your food options on campus, check out the food layer on the map.

UTM - DineOnCampus

1867 Inner Circle, Room 3127
(William G. Davis Building)
905-569-4795

utm.utoronto.ca/hospitality

Detailed info about food options on campus, including locations and menus, catering, sustainability and wellness.

UTM - Hospitality & Retail Services

1867 Inner Circle, Room 3127
(William G. Davis Building)
905-569-4795

utm.utoronto.ca/hospitality

Provides student meal plans for convenient dining on campus, as well as food and beverage services for conferences and events.

UTSC - Food & Beverage Services

uoft.me/utscfoodbeverages

The website includes a handy guide to food options at UTSC, as well as info on catering and beverage services for events and conferences.

UTSC - Meal Plans

1265 Military Trail, Room BV498A
(TCard Plus Office)
416-208-2233

uoft.me/utscmealplans

For convenient dining on campus, try a meal plan. Pay using your TCard.

Funding

Aboriginal Student Services – Financial Aid Advising

563 Spadina Avenue, 3rd Floor
(North Borden Building)

fnh.utoronto.ca

Learn about and access a wide variety of scholarships and grants for Indigenous students. Contact them for financial aid advising or read online about the many financial aid opportunities.

SGS Graduate Awards Office (GAO)

63 St. George Street
416-946-0808

uoft.me/gradfunding

For information about funding packages, consult the SGS website. Speak to the advisor to learn more about financial aid opportunities, managing educational expenses and grant applications.



Alaa

MSc, Institute of Medical Science

Meeting with a financial advisor at the beginning of my degree helped me manage my finances by teaching me strategies that will continue to be helpful in the long term.

Graduate Student Community

Grad Escapes

uoft.me/gradescapes

Thesis avoidance with style. Relax, have fun and meet other students while enjoying social, cultural and recreational events. Art classes, theatre, sporting events, historic tours and more – there's something for everyone.

SGS Grad Room

66 Harbord Street

uoft.me/gradroom

A lounge and event space exclusively for grad students, furnished with a Second Cup coffee kiosk, Wi-Fi, a comfortable workspace and patio seating. Grad Room's lower level is also available for student event bookings. View the online calendar for availability.

Ulife

ulife.utoronto.ca

Pursue your interests and connect with other like-minded students – join a club! Ulife is a website listing a large and diverse directory of student clubs, associations, organizations, activities and opportunities on all three campuses.

University of Toronto Graduate Students' Union (UTGSU)

416-978-2391

info@utgsu.ca

utgsu.ca

The UTGSU advocates for increased graduate student representation and acts as a voice for students by lobbying national and provincial issues on their behalf. The UTGSU engages you through community building events and campaigns, organized by various committees and caucuses. The UTGSU also offers a variety of services, such as health and dental insurance, confidential advice, grants and bursaries, and access to gym space.

UTGSU Pub

16 Bancroft Avenue

utgsu.ca/pubcafe

Beer, pizza, and a patio – one of U of T's best-kept secrets. Perfect for relaxing or casual meetings. Open Monday to Friday.

UTM's Association of Graduate Students (UTMAGS)

utmags.sa.utoronto.ca

Organizes social events such as food nights, pub crawls and sports tournaments (and also represents UTM grad students on councils and committees!). Membership is open to grad students who complete a campus affiliation form.

UTM - Grad Lounge

1867 Inner Circle, Room 2068B
(William G. Davis Building)
uoft.me/utmgradlounge

A place for grad students to socialize and/or study. Access the lounge any time with your TCard. Managed by UTMAGS.

UTSC - Graduate Students' Association at Scarborough (GSAS)

gsasutsc.weebly.com/

Join GSAS for social events, seminars, professional development and more. This student-run, non-profit organization brings together graduate students from all academic departments at UTSC. Membership is open to grad students who complete a campus affiliation form.

Health & Wellness

Conflict Resolution Centre (CRC) for Graduate Students

416-978-8920

gradcrc.utoronto.ca

Confidential, knowledgeable advice from trained Grad-to-Grad (G2G) peer advisors to help you navigate and resolve conflicts arising in the course of your studies. G2Gs do not intervene or advocate – they listen and help you understand your options and available resources. Drop-in hours and one-on-one appointments are available, as well as training and events. No matter is too small to discuss! Visit the website for details.

Dental Care

uoft.me/dentalclinic

Dental services performed by supervised dentistry students at a reduced rate. Services include pediatric, emergency and general dentistry, and orthodontics.

Graduate Counselling Services at SGS

63 St. George Street, Room 207A

uoft.me/GradCounselling

uoft.me/WellnessWorkshops

The SGS Wellness Counsellor offers brief counselling services five days a week and bimonthly wellness workshops exclusively for graduate students. Build coping skills to help you meet the demands of your academic and personal life. Offered in partnership with the Health & Wellness Centre.

Grad Minds

gradminds.ca

Grad Minds is part of the U of T Graduate Students' Union (UTGSU) and provides mental health-related resources and services to students, advocates for graduate students' mental health, and creates partnerships in the community. Offerings include events (arts events, film screenings, talks), the annual Open Minds conference, free yoga and monthly Mental Health at the Grad Room.



Stephanie

MSc, Molecular Genetics

The Graduate Counselling Services offered by the School of Graduate Studies (SGS) helped me find work-life balance. Speaking with a counsellor made me realize that taking care of myself is just as important as working in the lab. One-on-one sessions enabled me to develop techniques for managing perfectionism and anxiety surrounding my research and professional presentations. Prioritization helps me figure out what I need to thrive.

Healthy Grad Crew

uoft.me/healthygradcrew

A student-led team providing health education by graduate students for graduate students. Areas of focus include mental health, relationships with supervisors, school-to-work transition and balanced living.

Health & Wellness Centre

214 College Street, 2nd Floor
(Koffler Student Services Building)
416-978-8030

healthandwellness.utoronto.ca

Confidential, student-centred health care services available to all full- and part-time students who possess a valid TCard and have provincial health insurance coverage (e.g. OHIP) or UHIP for international students.

General health services include: health check-ups, prescriptions, allergy shots, immunizations, birth control, documentation of illness for exam deferral, specialist referrals, etc.

Mental health services include: individual psychotherapy/ counselling, group therapy, assault counselling, pharmacotherapy, etc.

Mental Health Framework

mentalhealth.utoronto.ca

U of T's commitment to student mental wellness includes everyone. From student leaders to faculty and staff, we all have roles to play in ensuring student mental wellness. Explore the 22 recommendations across five key areas to discover how you fit in.

Mindful Moments

uoft.me/mindfulmoments

Maintaining a moment-by-moment awareness of thoughts, feelings, bodily sensations and environment through mindfulness can help you increase your relaxation and resiliency. Drop-in sessions on campus run from September to March.

Teaching Assistants' Health Insurance

180 Bloor Street West, Suite 803
(CUPE Downtown Office)
416-593-7057

cupe3902.org

Teaching Assistants have additional coverage through CUPE 3902. For more information, please contact the union directly.

UHIP (University Health Insurance Program)

uoft.me/uhip
uhip.ca

A mandatory health insurance plan for all international and exchange students enrolled in an Ontario university, UHIP helps to cover the cost of hospital and medical services you may need while in Canada. Enrolment is automatic; the coverage charge will be listed on your student account on ACORN/ROSI. The Centre for International Experience offers online resources to help you set up and manage your UHIP.

University of Toronto Graduate Students' Union (UTGSU) Health and Dental Insurance Plans

416-978-8465

health@utgsu.ca
utgsu.ca/insurance

This plan fills the gaps in government health care. It provides important services and covers expenses such as prescription drugs, health practitioners, medical equipment and travel health coverage. The plan goes beyond the treatments and services provided by the basic health-care plan, OHIP or UHIP.

UTM - Health & Counselling Centre (HCC)

1867 Inner Circle, Room 1123A
(William G. Davis Building)
905-828-5255

utm.utoronto.ca/health

Access a wide range of medical and counselling services provided by student-friendly physicians.

UTSC - Health & Wellness Centre

1265 Military Trail, Room SL-270
416-287-7065

utsc.utoronto.ca/hwc

Medical, nursing, counselling, health promotion and education services are available for any UTSC student with a current student card and a valid health card.

Housing

Graduate House

60 Harbord Street
416-946-8881

gradhouse.utoronto.ca

The only residence at U of T reserved exclusively for graduate and second-entry professional faculty students. Provides accommodation for single students sharing same-gender, three- and four-person furnished suites. Please see the website for eligibility requirements and application information.

Housing

214 College Street
(Student Success Centre)
housing.utoronto.ca

If you need to find housing, the staff at Housing Services can help. Use your UTORid to log in to the off-campus housing finder for more than 10,000 listings near U of T campuses with pre-approved landlords looking for student tenants. If you need a roommate, check out the Roommate Finder to meet other students looking for shared housing. You can also access the new buy-and-sell board.

Massey College

4 Devonshire Place
416-978-2895
masseycollege.ca

Massey College is a graduate students' residential community affiliated with, but independent from, the University of Toronto. It provides a unique, congenial, and intellectual environment for grad students in all disciplines.

Off-Campus Housing

offcampushousing.utoronto.ca

The new University of Toronto Off-Campus Housing website allows you to access housing near all three campuses. Save and compare favourite listings, view your search history and more.

Student Family Housing

30 & 35 Charles Street West
studentfamilyhousing.utoronto.ca

A family-oriented residence reserved for U of T students in a full-time degree program with partners and/or children, located near Yonge and Bloor.

UTM - Student Housing & Residence Life

3375 Residence Road, Suite 120
(Oscar Peterson Hall)
905-828-5286
uoft.me/utmhousing

Bachelor apartments for grad students feature Wi-Fi, laundry facilities and close proximity to all the facilities and services on campus. Check online for eligibility and application information, and important dates.

UTSC - Student Housing & Residence Life

1265 Military Trail
(Student Residence Centre)
416-287-7365
uoft.me/utschousing

Grad students are welcome to apply to live in residence at UTSC. You can also connect to the University of Toronto off-campus housing listings website, and get advice and support at the Student Housing & Residence Life office.

Indigenous Student Services

First Nations House

563 Spadina Avenue
(North Borden Building)
416-978-8227
fnh.utoronto.ca

Provides culturally relevant services to Indigenous students, as well as opportunities for all students to engage with Indigenous communities within U of T and beyond. Resources include academic support, financial assistance, Indigenous community, and meetings with Elders and traditional teachers.

Supporting Aboriginal Graduate Enhancement (SAGE UT)

563 Spadina Avenue, 2nd Floor
(Centre for Indigenous Studies)
416-978-2233
sage@utoronto.ca
indigenoustudies.utoronto.ca/sage

Operating out of the Centre for Indigenous Studies at the University of Toronto's St. George Campus, this graduate student-led group plans workshops, presentations, meetings and other events promoting the academic and personal development of Indigenous graduate students.

UTM - Indigenous Centre

1867 Inner Circle, Room 2042
(William G. Davis Building)
905-569-4867
utm.utoronto.ca/student-life/indigenous-centre

Meet with Traditional Indigenous Aboriginal Elder Cat Criger or take part in a Learning Circle, a seminar, or other experiential learning opportunities. The Waawaakte Northern Lights Initiative provides many ways for students to engage with various traditional Indigenous cultures.

UTSC - Indigenous Outreach Program

utsc.utoronto.ca/studentlife/indigenous-outreach-program

Indigenous programming, engagement and outreach at UTSC includes traditional teachings by the Indigenous Elder-in-Residence, leadership development workshops and experiences, educational and cultural events, and community outreach to the significant Indigenous population residing in the East Scarborough area.

Aboriginal Student Services

563 Spadina Avenue, 3rd Floor
(North Borden Building)
416-978-8227
fnh.utoronto.ca

Meet with an Indigenous learning strategist, get help with academic planning and advocacy for academic issues, or use the resource centre and computer lab.

International Experience

International Student Identity Card (ISIC)

416-946-8699

membership@utgsu.ca

Full-time graduate students are entitled to this free card which may be used to obtain discounts on travel, merchandise and services throughout the world. The ISIC provides members with student discounts on Greyhound Bus, VIA Rail, Porter Air and other travel.

Safety Abroad Office

uoft.me/SAO

Helps to minimize risk for students travelling abroad, providing workshops and other services to give you peace of mind when you're away from home. Registration is mandatory for students travelling for academic purposes.

Study Abroad

cie.utoronto.ca

Interested in broadening your horizons? Depending on your academic program, you may be eligible to take a semester or a year abroad for research or course work.

- For a university-wide overview of your options, see uoft.me/internationalopportunities
- Use the CIE International Opportunities online database at uoft.me/gointernational to search for specific opportunities to study abroad.

U of T Global

global.utoronto.ca

An online gateway to international activities at the University of Toronto. Through this site, you can connect to a variety of websites outlining U of T's international initiatives and opportunities across all three campuses.



Ohood

PhD, Nutritional Sciences

Prior to travelling to international conferences in Spain and the United States, I attended a Safety Abroad workshop at the Centre for International Experience. The instructors reviewed important safety tips for travelling and prepared us for real-life situations that graduate students are likely to encounter abroad.

International Students

Centre for International Experience (CIE)

33 St. George Street
(Cumberland House)
cie.utoronto.ca

Located in the historic Cumberland House, CIE is the campus hub for international students and domestic students seeking international experience. Access a wide range of helpful services, including transition advisors, learning and language support, workshops on immigration, permanent residency, income taxes and other information about living in Canada. CIE also hosts fun activities throughout the year and manages the inbound and outbound student exchange programs.

SGS International Graduate Student Portal

uoft.me/sgsinternational

Get connected to services and resources designed to answer questions and meet the needs of international graduate students at U of T! This online portal will help you prepare, plan and experience the best that our three campuses have to offer.

International Transition Advisor for Grad Students

416-708-1208

uoft.me/transitionadvising
yaseen.ali@utoronto.ca

For help adjusting to life in Canada, meet with a transition advisor specifically for grad students at one of the following locations:

- School of Graduate Studies, 63 St. George Street
- Graduate House, 60 Harbord Street
- Grad Room, 66 Harbord Street

Please check the website or contact Yaseen Ali for available times.

iConnect Mentorship Program

uoft.me/iconnect

A mentorship program that matches students from different countries, providing opportunities to reflect on cultural identity and strengthen intercultural skills. International students starting at U of T in September 2017 are invited to apply to be matched with a mentor.

International Students' Caucus (ISC)

isc@utgsu.ca
utgsu.ca/isc

The ISC coordinates efforts on international graduate students' success in academic and campus adaptation. Meetings and events focus on the needs of the caucus' membership including funding, academics, immigration, health insurance, social activities and more.

UHIP (University Health Insurance Program)

uoft.me/uhip

uhip.ca

A mandatory health insurance plan for all international and exchange students enrolled in an Ontario university, UHIP helps to cover the cost of hospital and medical services you may need while in Canada. Enrolment is automatic; the coverage charge will be listed on your student account on ACORN/ROSI. The Centre for International Experience offers online resources to help you set up and manage your UHIP.

UTM - International Education Centre (IEC)

1867 Inner Circle, Room 2071
(William G. Davis Building)
905-569-4716

utm.utoronto.ca/international

Need assistance with your study permit, permanent residency, working in Canada or almost anything else related to living in Canada? The IEC can help. See the website for a full list of services and programs.

UTSC - International Student Centre

1095 Military Trail, Room IC350
(International Student Centre)
416-287-7518

uoft.me/utsc-isc

Make an appointment with a transition advisor for personal guidance or check out our Conversation Community to practise English and learn about the diverse culture of Toronto.

Language Support

CIE Language Exchange

cie.utoronto.ca

Open to all U of T students with an interest in language (not just English and not just international students), this program connects students who want to practise a new language and share their own in a casual setting. Apply in September for fall 2017.

English Communication Program at the CIE

uoft.me/englishcommunication

A non-credit program open to all international and visiting/exchange students that provides the opportunity to develop communication skills in English, gain insight into Canadian culture and life at U of T, and share cultural experiences.

English Language Program at the School of Continuing Studies

english.learn.utoronto.ca

Intensive English courses, including Academic English, open to students and the general public. Fees apply.

See page 58 for more Language Support options.

Graduate Centre for Academic Communication (GCAC)

uoft.me/GCAC

Formerly English Language & Writing Support (ELWS), the GCAC provides free, post-TOEFL training to graduate students in academic conversation skills, academic writing, and oral presentation skills. A program of the School of Graduate Studies (SGS).

Legal Support, Academic Advocacy & Conflict Resolution

Conflict Resolution Centre (CRC) for Graduate Students

416-978-8920

gradcrc.utoronto.ca

Confidential, knowledgeable advice from trained Grad-to-Grad (G2G) peer advisors to help you navigate and resolve conflicts arising in the course of your studies. G2G do not intervene or advocate – they listen and help you understand your options and available resources. Drop-in hours and one-on-one appointments are available, as well as training and events. No matter is too small to discuss! Visit the website for details.



Michael

PhD, Institute of Medical Science

I worked as a G2G peer advisor with the Graduate Conflict Resolution Centre, a novel service that allows graduate students to express their thoughts about any conflicts or issues that arise during their studies and get informal advice and referrals to appropriate resources. The Centre provides a great opportunity to talk with a fellow graduate student who genuinely cares while knowing with full confidence that what is being discussed remains confidential. The 40 hours of training I received as a G2G peer advisor have also enabled me to resolve conflicts in my own graduate studies and personal life.

Downtown Legal Services

655 Spadina Avenue

416-934-4535

downtownlegalservices.ca

A community legal clinic operated by the Faculty of Law at the University of Toronto. Free legal services are provided by law students working under the close supervision of expert staff lawyers.

Funding Complaint Process

academics1and2@utgsu.ca

academics3and4@utgsu.ca

If you have followed the SGS funding complaint process (uoft.me/sgs-fcp) and require additional help or information, reach out to the UTGSU academic and funding commissioner in your division. These commissioners can advocate on your behalf and assist in resolving your funding complaint with the dean of the department.

University of Toronto Ombudsperson

uoft.me/Ombudsperson

The Ombudsperson considers complaints in an impartial fashion, assisting in achieving procedural fairness and reasonable outcomes. Confidential unless you approve otherwise.

UTGSU Academic Advocacy

416-946-8699

membership@utgsu.ca

utgsu.ca/academic-advocacy

Confidential academic advocacy services. If you are experiencing academic and/or administrative difficulties, UTGSU can assist you with advice, information and representation.

Personal Development

Centre for Community Partnerships (CCP)

ccp.utoronto.ca

Gain experience through community-engaged learning – an organized service activity that balances community needs with educational benefits. The annual Community-Engaged Learning Seminar for Doctoral Students runs from September to April each year; registration is limited and usually happens in June. Other opportunities of interest to grad students range from single-day events and activities to long-term involvement. Community Action Projects (4-10 months) include tutoring, mentoring and elder companionship, and can be added to your Co-Curricular Record upon completion.

Co-Curricular Record (CCR)

ccr.utoronto.ca

A database of opportunities at U of T that helps you get involved beyond the classroom and have your experiences recognized on an official document. Build your skills, grow your network, improve your career prospects and enhance your academic record.

Mentorship Programs

mentorship.utoronto.ca

Whether you're sharing your own knowledge or learning from someone more senior, mentorship matches you with another student to create a mutually beneficial learning experience. To find a mentor, or to mentor someone else, access the Mentorship Database and explore the many opportunities to connect.

Professional Development

Graduate Centre for Academic Communication (GCAC)

uoft.me/GCAC

Formerly known as English Language & Writing Support (ELWS), the GCAC provides graduate students with free, advanced training in academic writing and speaking on topics such as writing literature reviews, grant writing, preparing to publish, and oral presentation skills. A program of the School of Graduate Studies (SGS).



Patricia

MEd, Social Justice Education

Being a peer mentor at Accessibility Services is rewarding because it allows me to learn from a diverse group of new students. Mentorship has also helped me re-focus my learning and realize that in order to succeed, I sometimes need to focus on non-academic activities. As a professional, mentorship skills have been valuable when engaging with new people, strategizing projects, and organizing group activities, events and workshops.

Graduate Professional Skills (GPS) Program

uoft.me/gps

Prepare for your future with GPS! Build critical career skills beyond what you gain in your academic work. Take seminars, workshops, and courses to learn about effective communication, planning and time management, entrepreneurship, ethical practices, teamwork and leadership. Successful completion will be recognized by a transcript notation. A program of the School of Graduate Studies (SGS).

Leadership for Grads

leadership.utoronto.ca

Learn key skills for successful leadership in an academic setting. Workshops in collaborative leadership techniques will help build your skills and knowledge in group facilitation, conflict resolution and more. Participation counts toward the SGS Graduate Professional Skills program.



Swapna

MD/PhD, Institute of Medical Science

The Graduate Professional Skills Program helped me build skills that I don't necessarily learn in the lab, but that make an impact on how I conduct and share my research — especially in translating research, negotiating funding and fostering collaborations.

Teaching Assistants' Training Program (TATP)

tatp.utoronto.ca

A peer-training program providing pedagogical support to teaching assistants and grad students. Access the TATP Teaching Toolkit, seminars and workshops, certificate programs, and awards and recognitions. A program of the Centre for Teaching Support and Innovation (CTSI).

3MT® – Three Minute Thesis Competition

uoft.me/3MT

Challenge yourself with this university-wide competition for doctoral students. Participants have three minutes or less to present their research to a panel of non-specialist judges, showcasing their innovative and significant research to a wider audience, across disciplines within the University and to the broader public.

Places & Spaces

Bookable Space for Grad Students

uoft.me/sgsrooms

Need to find on-campus space for your next graduate student group meeting? Consider booking one of the rooms available through the School of Graduate Studies. Reservations can be requested up to four weeks prior to your meeting date.



Tingting

PhD, Environmental Science (UTSC)

Through the Teaching Assistants' Training Program and Graduate Professional Skills Program, I improved my competencies in communication, personal effectiveness and problem solving. As the president of the Graduate Students' Association at Scarborough (GSAS), I developed my leadership and project management skills. It can be challenging to fulfill all of my roles at the same time, but I can do it with the support of my supervisor, my colleagues and most importantly, team spirit.

City of Toronto

toronto.ca

Official site of the City of Toronto. Includes information on attractions, facilities, transportation, events and emergency services.

toronto.com

Concerts, festivals, movies, restaurants, free events and much more – your official guide to things to do in Toronto.

211toronto.ca

A comprehensive guide to City of Toronto services.

Green Space at U of T

Toronto is actually green for half the year – enjoy it while you can! Use map.utoronto.ca to find green spaces on campus, like Queen's Park and Philosopher's Walk. If you want to get off campus, check out toronto.ca/parks and start exploring.

Libraries

library.utoronto.ca

U of T's libraries offer a variety of drop-in and bookable study spaces for individuals and groups. Robarts Library (130 St. George) offers plenty of study space. The Gerstein Science Information Centre (7 & 9 King's College Circle) features quiet study areas, group study rooms and a presentation practice room. Both Robarts and Gerstein also offer private carrels; see uoft.me/carrels for info on how to reserve one.

SGS Graduate Student Lounge

School of Graduate Studies
63 St. George Street

Located in a former residence of Sir John A. Macdonald, this dedicated grad student space offers comfortable couches and quiet reading nooks. Fully accessible and open daily 9:30 a.m. – 4:30 p.m.

U of T Map

map.utoronto.ca

Detailed, interactive maps of all three campuses. Download the app on Android or iOS for navigation on the go! Printable versions also available.

UTM Library

1675 Outer Circle
(Hazel McCallion Academic Learning Centre)
905-828-5236

library.utm.utoronto.ca

The UTM library has a designated graduate study room. Go to the front desk and ask for a key that will be handed out on a first-come, first-served basis. Access U of T libraries' outstanding collection, computers, wireless internet and a wide range of services.

UTSC Library

1265 Military Trail
416-287-7500

utsc.library.utoronto.ca

Access the library collection, book a study room and discover many other resources – you can even use the new MakerBot 3D printer.

Relax

Just a friendly reminder that relaxing and having fun once in a while are essential to your well-being. Take some time out from your busy schedule to unwind and let go of your stress – it will benefit your academic performance, too. If you've already forgotten how to relax, check out the arts & culture, fitness & sports and social life sections of this directory.

Safety

Campus Police

21 Sussex Avenue

campuspolice.utoronto.ca

For urgent matters, call 416-978-2222. For emergencies, 911.

Services include the WalkSafe program (see p. 65), building patrols, community policing and emergency response.

Community Safety Office

416-978-1485

www.communitysafety.utoronto.ca

Provides confidential assistance to students, staff and faculty members who have personal safety concerns. Free self-defence training for women is also available – see website for details.

Emergency Phones

map.utoronto.ca

There are 120 emergency call stations around the St. George campus that connect you directly to the Campus Community Police dispatch centre. You can also make free emergency calls from Bell pay phones on campus. Check online for a map of phone locations.

- For UTSC emergency phones, check website for locations utsc.utoronto.ca/police/emergency-phone-locations
- For UTM emergency phones, check website for locations www.utm.utoronto.ca/campus-police/safety-programs/personal-safety-information

Safety at the University of Toronto

www.safety.utoronto.ca

Information, resources, programs and services to assist in keeping our campuses safe.

Sexual Violence Prevention and Support Centre

416-978-2268

www.safety.utoronto.ca

The Centre has a presence on all three campuses. It is a place where a student who has been affected by sexual violence can go to receive support and information, learn about what options may be available to them and, if they choose, make a report to the University.

Understand consent

consent.utoronto.ca

Consent is the informed agreement to take part in intimate activity and it's necessary every single time. Learn more about your rights and responsibilities.

University of Toronto Environmental Health and Safety

ehs.utoronto.ca

Services and training around chemical and lab safety, occupational health and safety, environmental protection and more.

UTAlert

alert.utoronto.ca

Subscribe to this service to quickly receive important U of T messages via telephone, email and text message.

WalkSafe

416-978-SAFE (7233)

uoft.me/walksafe

An alternative to walking alone at night – get a WalkSafe escort to walk you between buildings on campus or to surrounding TTC locations.

UTM Campus Police

1867 Inner Circle, Room 3116

(William G. Davis Building)

General Enquiries: 905-828-5200

Emergency: 911 or 905-569-4333

utm.utoronto.ca/campus-police

Provides policing services and a variety of safety programs, including WalkSafer (see below) and the CampUS Safety Project - Preventing Violence against Young Women.

UTM - WalkSafer

905-607-7233 (SAFE)

uoft.me/utm-walksafer

A service for UTM community members who prefer not to walk alone on campus at night. Call to request a team member to walk with you.

UTSC - Community Police Services

1265 Military Trail

(Science Wing)

General Enquiries: 416-287-7398

Emergency: 416-978-2222

utsc.utoronto.ca/police

Provides campus policing, as well as a variety of programs and services for students and staff.

UTSC - U of T Scarborough Patrol

416-287-7022

uoft.me/ScarboroughPatrol

If you feel unsafe walking alone on campus, call to request a walking escort by licensed security personnel.

Transportation

Bikechain

563 Spadina Crescent
(North Borden Building;
entrance on Bancroft Avenue)

bikechain.ca

A not-for-profit cycling organization providing DIY services, affordable repairs, educational opportunities and a welcoming community of staff and volunteers.

Bike Share Toronto

bikesharetoronto.com

Toronto's bicycle rental service has stations on campus and around the city.

Discounted TTC Metropasses

Student Metropasses are available at discounted rates and must always be accompanied by a special TTC student photo ID card. You can have your photo taken year round at Sherbourne TTC station.

GO Transit

gotransit.com

Bus and train service for travel around the Greater Toronto Area and Southern Ontario.

Transportation and Parking

transportation.utoronto.ca

U of T's official online guide to on-campus parking, public transportation and more. Buy student parking permits here, and find links to TTC and GO transit info.

TTC (Toronto Transit Commission)

ttc.ca

Route maps and schedules, closure notices and service advisories.

UTM Shuttle Bus

utm.utoronto.ca/shuttle

uoft.me/utmshuttle

For travelling between the St. George and Mississauga campuses.

UTM - Bikeshare

uoft.me/utmbikeshare

Offers free 48-hour bicycle loans, as well as bike-related events throughout the year such as safety checks, repair workshops and group rides.

UTM - MiWay (Mississauga Transit)

mississaugatransit.com

Public transportation for getting around Mississauga, with connections to TTC and GO Transit. Schedules, maps and fare info available online.

UTM - Parking & Transportation Services

1550 The Collegeway, Room 108
(Alumni House)
905-828-5254

uoft.me/utmparking

Buy parking permits for the UTM campus, get maps and directions and access alternative transportation options.

UTM - U-Pass

1867 Inner Circle, Room 3200
(William G. Davis Building, Office of the Vice-Dean)

uoft.me/upass

This student transit card allows unlimited fare-free rides on MiWay, Mississauga's transit system.

UTSC - Parking Services

1265 Military Trail, Room IC40
(Instructional Centre)
416-287-7576

uoft.me/utscparking

Buy student parking permits, find accessible and visitor parking, view the campus parking map and more.

VIA Rail

viarail.ca

Long-distance travel by train.

Unions & Governance

CUPE3902 – University of Toronto Education Workers

cupe3902.org/unit-1

Information about your U of T teaching assistant employee union, including benefits, training, documents and bargaining.

Governing Council (GC)

uoft.me/governingcouncil

U of T's central decision-making body, the Governing Council oversees the academic, business and student affairs of the University. Graduate students have two elected seats on the GC.

Graduate Education Council (GEC)

416-946-3102

uoft.me/gec

The GEC is the academic advisory and approval body responsible for academic policy and regulations for SGS and for graduate studies at U of T. Membership includes three grad students elected annually by peers.

University of Toronto Graduate Students' Union (UTGSU)

416-978-2391

info@utgsu.ca

utgsu.ca

The UTGSU advocates for increased graduate student representation and acts as a voice for students by lobbying national and provincial issues on their behalf. The UTGSU engages students through community building events and campaigns, organized by various committees and caucuses. The UTGSU also offers a variety of services, such as health and dental insurance, confidential advice, grants and bursaries, and access to gym space.

UTM's Association of Graduate Students (UTMAGS)

utmags.sa.utoronto.ca

Organizes social events such as food nights, pub crawls and sports tournaments (and also represents UTM grad students on councils and committees!). Membership is open to grad students who complete a campus affiliation form.

UTSC - Graduate Students' Association at Scarborough (GSAS)

gsasutsc.weebly.com

Join GSAS for social events, seminars, professional development and more. This student-run, non-profit organization brings together graduate students from all academic departments at UTSC. Membership is open to grad students who complete a campus affiliation form.

Virtual Connections

Information Commons: Robarts Library

130 St. George Street, 1st Floor
sites.utoronto.ca/ic

Get help with your U of T email, logins and passwords, book a room with screen display, buy software, get help with internet access and more.

Learning Portal/Blackboard

portal.utoronto.ca

An online tool used by professors and students to share information, post assignments, articles, marks, and more.

UTmail+

email.utoronto.ca

Everything you need to know about setting up your U of T email account. The University will communicate with you through this account, so you're responsible for checking it regularly.

UTORid

utorid.utoronto.ca

Your UTORid is your personal key to U of T web-based services.

Student Web Services – ACORN

acorn.utoronto.ca

ACORN (Accessible Campus Online Resource Network) is U of T's new student information service, which you will use for course selection, financial account management and to access other services like the Co-Curricular Record and Career Learning Network.

TCard Services

214 College Street
(Koffler Student Services Building)
416-946-8047
tcard.utoronto.ca

Your TCard is your official University of Toronto access card for services on campus. Email service, wireless network and access to ACORN/ROSI will be available upon receipt of your TCard and authentication of your UTORid. Proof of citizenship, identification and your offer of admission letter or student number are required in order to receive a TCard.

UTM - TCard Office

1800 Middle Road, Room CCT3133
(Communication, Culture &
Technology)
905-828-5344

utm.utoronto.ca/iits/services/tcard

UTSC - TCard Plus Office

1265 Military Trail, Room BV498A
416-208-2233

utsc.utoronto.ca/tcardplus

UTORweb

individual.utoronto.ca

Get free web space for personal pages, pictures, word-processing documents, etc. Can be used to share documents with others or to save and access documents from any networked computer.

Wi-Fi Access

wireless.utoronto.ca

Wi-Fi is currently available in most U of T buildings – login with your UTORid.

A message from the University of Toronto Graduate Students' Union (UTGSU)

16 Bancroft Ave., Toronto, M5S 1C1
416-978-2391 | info@utgsu.ca | utgsu.ca

The University of Toronto Graduate Students' Union (UTGSU) represents over 18,000 full- and part-time graduate students, studying in over 85 departments across the St. George, Mississauga and Scarborough campuses.

The UTGSU advocates for students by acting as your voice on committees within the University of Toronto community, and on all government levels. Past campaigns defined by students' interests include: defending students' right to a free public post-secondary education, helping to develop a funding complaint process, and establishing transparency for funding data available in each department.

The democratic structure of the union also ensures strong student representation across departments. Each department is represented by a course union or association, meant to unite students through advocacy and social campaigns and activities. Course unions receive funding from the UTGSU to support these activities.

We also engage you in various community building activities, from our fall and winter Orientations and pub socials to student development workshops. Students are encouraged to get involved in the UTGSU Committees and Caucuses that work on a number of issues identified and defined by the Members, such as increased mental health support of students, and advocating for lower transit fees. For more information, visit utgsu.ca/committees-caucuses.



University of Toronto Graduate Students' Union, St. George Campus

In addition, the UTGSU is able to provide a variety of year-round services:

- The UTGSU Health and Dental Insurance Plan (HDI)
utgsu.ca/insurance
- An International Student Identity Card (ISIC)
www.utgsu.ca/services/#isic
- The UTGSU Gym
utgsu.ca/athletics
- UTGSU Academic Advocacy
utgsu.ca/academic-advocacy
- Grants and Bursaries
utgsu.ca/funding

Stop by our office, located at 16 Bancroft Avenue, to learn more about the services we provide you. We are in the basement offices, just below the Harvest Noon Café, GSU Pub and Gym.

For more information, check us out online at: **utgsu.ca** or on social media at: **facebook.com/utgsu** and **twitter.com/utgsu**.

University of Toronto
School of Graduate Studies
63 St. George Street
Toronto, Ontario
M5S 2Z9

sgs.utoronto.ca

FSC

